

Personal Profile

Full name : Dr. Rekha Lilhare

Designation : Associate professor

Contact information with email Id: drrekhalilhare@gmail.com



Academic qualification

Degree	Institution /University	Year of passing
M. H. Sc.	M.H. College of Home science Jabalpur ,RDV JABALPUR	1986
Ph.D.	Rastrasant Tukadoji Maharaj University Nagpur	2010

Area of specialization : Home management

Awards/Achievement :Rashtriya gaurav Award by Economic growth and National Integration New Delhi 10 June 2013

Seminar /Conferences /Workshops/Symposium(National /International) conducted

UGC sponsored National seminar, 11th oct. 2014, New frontiers of its management, Department of FRM Faculty of Home science S. S. Girls college Gondia.

Any Additional information such as Life membership/associate ship etc.:

- The Home science Association of India 09/R -09/LF
- **Resource person** : National seminar on women entrepreneurship :-Recent trained and opportunities ,Govt Girls' college Raipur(M.P.) 26th sept 2012.

List of 10 major Publications

1. Comparison of stress in working women performing fixed hour duty and administrative duties, Sodh samiksha aur Mulyankan July 2011,vol.3,issue 30.
2. Kuposhan ka rashtriya vikash par prabhav,Research journal of Social and life science ISSN 0973-3914 vol.10,Year 05,June 2011.
3. Bharatiya Nari kal aur aaj, Centre for research studies Riva(M.P.)2013.ISBN No.978-81-87364-45-0
4. Comparison of stress in working women performing shift hour duty and administrative duties , journal of biodiversity and physical science nov.12, ISSN no.2319-639x.
5. Biodegradable waste and its management, UGC Sponsored national conference on Management of biodegradable waste and nutritional

strategies Organised by Post graduate department of home science RTM Nagpur university Nagpur. 17/1/15

6. A comparative study of stress and anxiety in working women performing fixed hour duty and administrative duties UGC sponsored National seminar 11th oct 2014, New frontiers of its management organised by Department of FRM Faculty of Home science S S Girls college Gondia.
7. Effect of pesticides on human body UGC sponsored National workshop on food pesticides and consequent health hazards organised by Department of home science and Chemistry Dr. Radhabai Govt. Naveen Kanya Mahavidyalaya Raipur (CG), 8th August 2015.
8. Intergenerational problems and stress in working women, International research volume 2013, Adhar social research and development training institute Amarawati (MS).
9. A study on Intergenerational problems and stress on women and its management, UGC sponsored National seminar 11th oct. 2014, New frontiers of its management organised by Department of FRM Faculty of Home science S S Girls college Gondia.
10. Changing as a method preserving fruits and vegetables, UGC sponsored National seminar, 26th sept., 2014, D. B. Girls' PG college Raipur(CG) Food tech and women entrepreneurship, Indian dietetic association Chhattisgarh chapter.
11. Stress in clerical working women, National seminar on changing perspective of home science, 6th & 7th Nov. 2008, Organised by Arts and commerce college Devendra Nagar Raipur(CG)

Full list of publications

Research paper in National/international journals

1. Comparison of stress in working women performing fixed hour duty and administrative duties, Sodh samiksha aur Mulyankan July 2011, vol.3, issue 30.
2. Kuposhan ka rashtriya vikash par prabhav, Research journal of Social and life science ISSN 0973-3914 vol.10, Year 05, June 2011.
3. Bharatiya Nari kal aur aaj, Centre for research studies Riva(M.P.)2013. ISBN No.978-81-87364-45-0
4. Comparison of stress in working women performing shift hour duty and administrative duties, journal of biodiversity and physical science nov.12, ISSN no.2319-639x.
5. Intergenerational problems and stress in working women, International research volume 2013, Adhar social research and development training institute Amravati (MS).

6. Biodegradable waste and its management, International journal of research in social science and information studies (IJRSSIS), ISSN no.2347-8268, vol . 1 Issue-III, January 2015.